

## Dates

Mon. 9/20/21 – Sun. 9/26/21

**Example**

### To - Do List

Task	Time Required	Day Scheduled
BE789 homework	2 hr	M
Experiment A	4 hr x 2 days	T, W
Analysis	1 day	Th
BE555 homework	5 hrs	T, W (2+ hr/day)
Make presentation slides	1 day ++	F
Literature review for new protocol	6 hr	M

### Goal(s)

- Collect data for new pilot study
- Start slides for group presentation next week
- Run 3 times

### Exercise

M

T Run

W

Th Run

F Yoga

S

S Run

### Upcoming Projects & Deadlines

- Group meeting presentation next Wed. [date]
- Abstract submission deadline in 3 weeks [date]

